



**WINONA**  
STATE UNIVERSITY  
COLLEGE OF EDUCATION

*Outdoor Education & Recreation Center*

## **Youth Climbing Camps Parent/Camper Information**

Outdoor Education and Recreation Center  
Wabasha Recreation Center  
351 Lafayette St  
Winona, MN 55987

OERC Mission

‘We provide outdoor recreation opportunities that inspire an active healthy lifestyle’

## Welcome

Thank you for taking the time to read the Outdoor Education and Recreation Center(OERC) youth climbing camp information. This document is to serve as a reference for you as parents to prepare your climber for the week at camp. If you have any questions, please do not hesitate to contact me at [Michael.henderson@winona.edu](mailto:Michael.henderson@winona.edu).

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Mike Henderson

Director, Outdoor Education and Recreation Center

## Climbing Camp Staff

OERC climbing camps are special because of our staff. Our staff bring excitement and energy to learning and playing while encouraging your climber to pursue beyond what they think they are capable of. All our Camp Staff will be First aid/CPR certified and either trained or certified as a climbing wall instructor or single pitch climbing instructor. Additionally, our staff has a licensed physical education teacher on staff to create unique and exciting programs for our climbers to develop.

Many of our OERC staff are majoring or minoring in adventure education, and first and foremost are future educators. This means a high standard for teaching and learning.

## Camp Schedule

### **Drop off and Pick up**

Drop off and pick up location is at the Wabasha Recreation Center located at 351 Lafayette St, Winona, MN 55987.

Drop off Time: 9:30-10:00AM

Pick up Time: 3:00-3:30PM

Authorization for pick up and Identification will be required at the time of pick up.

### **Weekly Schedule**

Camp will run Monday through Thursday from 10AM-3PM. We will build skills throughout the week in both top rope climbing and bouldering. Each day will have a 45 minute lunch break.

## Program information

### **Packing List-**

Sunscreen  
Hat  
Weather appropriate Clothes  
Filled water bottle  
Closed toe Shoes (Sandals and Crocs not allowed)  
Lunch and Snacks

**Ratios** – the OERC will follow all industry standard climbing ratios of 1:6 Instructor to climber. This ensures we can monitor and mitigate potential risks as well as offer better feedback and attention to your camper.

**Lunch** – We will all stop to enjoy lunch either picnic style outside, or in our facility depending on the day and weather. We encourage you to send your camper with snacks beyond lunch as well.

### **PERSONAL BELONGINGS -**

- a. All camper groups will have designated spots for their personal things.
- b. Campers will be required to place all their personal items inside an individual receptacle.
- c. No unnecessary personal items will be allowed at camp, including toys, games, or supplies that are not included on the packing list. Please keep these items at home.
- d. Cell phones will not be permitted at camp. We strongly recommend that cellphones are left at home. If you wish to send your child with a phone, we will ask that they are left in the campers bag with other belongings. The OERC is not responsible for lost or stolen property.

**HEALTH AND SAFETY POLICIES** - If children become sick during care, parents will be called within five minutes of discovering that children have fallen ill.

- a. Parents will be required to pick up their children within 30 minutes of the phone call.
- b. Sick children will be kept separate from others, in an isolated area that is in sight of OERC staff.
- c. All other children will be removed from areas that this child was in throughout the day to provide OERC staff time to clean and disinfect the space.

### **EXPRESSING CONCERN**

At the OERC, we strive to provide the best possible experience to all of our campers and families. If you have any concerns, please contact the director at [Michael.henderson@winona.edu](mailto:Michael.henderson@winona.edu).

## **REPORTING CHILD ABUSE**

Anyone who works with children is required by Minnesota State law to report any suspected signs of child abuse or neglect. Some examples are (including, but not limited to) suspected verbal abuse, physical abuse, sexual abuse, lack of basic care in the areas of personal hygiene or nutrition or leaving a child alone or in the care of another child. After a report is made, it is up to the proper authorities to investigate. A report should be seen as a cause for concern, not an accusation. We are not allowed to discuss the situation with the parent or guardian before making a report. Please discuss any concerns you may have with camp staff.

## **EMERGENCY PLAN SEVERE WEATHER CONDITIONS**

All groups will seek shelter immediately and stay there until twenty minutes after the weather clears. Staff are prepared with mobile devices that support severe weather alerts.

## **EXCESSIVE HOT WEATHER**

Activities will be provided indoors or in shaded areas outdoors as appropriate. Water is accessible to children at all times and they are encouraged to drink fluids throughout the day.

## **MEDICAL EMERGENCY**

If a medical emergency arises, we will administer first aid and make every effort to contact the parent/guardian. If emergency medical treatment is required, we will contact a doctor, hospital, or call an ambulance depending on the severity of the injury or illness. Please be aware that any medical expenses incurred will be the responsibility of the parent or guardian.

## **BEHAVIOR**

Camps promote and encourage communication, problem-solving, and positive social interactions between peers and staff. We believe that this helps to create an atmosphere which decreases the amount of behavior concerns that arise and provides a strong support system for children who are having difficulties. When concerns arise, which are beyond the normal range of issues with the children, staff will communicate those concerns to parents. Our goal is then to create a plan with parents and children to ensure that the child acts and behaves more positively with staff and peers. Steps for serious behavior problems may include written reports with behavior contracts, additional positive reinforcement, and counseling with parents to create a plan for change. If behavior problems continue, permanent dis-enrollment may result. Please talk with the camp staff about any questions or concerns regarding the behavior and specific discipline policies concerning your child.

The following are grounds for immediate termination from OERC programs without refund or credit:

1. Behaving in a way that endangers the health and safety of campers and/or staff
2. Possession or use of illegal drugs, alcohol, or cigarettes
3. Possession or use of fireworks or un-programmed weapons (knives, etc.)
4. Destruction of property

5. Leaving camp boundaries or property without permission

6. Continues inappropriate behavior, i.e. threatening, profane language, not following directions, teasing, and inappropriate sexual behavior

A child will not be allowed to remain in the program if they are potentially dangerous to other children, staff, or themselves, or who continually disrupt the goals created for the group as a whole.